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Green Magic™
No bake protein bars

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Storage: Fridge



Time: 10 minutes plus chilling



Serves: 10 bars

Ingredients...

- 250g mixed nuts and seeds
- 2 tbsp Green Magic™
- 50g desiccated coconut
- 4 tbsp pumpkin seed
- 50g coconut oil, melted
- 1 tbsp agave syrup
- 50g orange flavoured chocolate

How to enjoy...

- 1) Line a 20cm x 15cm container with greaseproof paper.
- 2) Put the nuts and seeds into a food processor and blitz to a fine meal. Add the Green Magic™, coconut, sunflower seed, coconut oil, agave syrup and blitz again so that the mixture starts to clump.
- 3) Press the mixture into the prepared container and freeze while you melt the chocolate.
- 4) Melt the chocolate in a bowl over a pan of barely simmering water. Stir until it's smooth then set aside to cool slightly.
- 5) Cut the now firm base, into 10 fingers then drizzle with melted chocolate. Return to the fridge to set.

Power through the day with Green Magic™

- ✓ High in antioxidants
- ✓ Plant based
- ✓ Supports the immune system
- ✓ Promotes cellular renewal
- ✓ Natural source of protein, fibre and iron





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www.proto-col.com

Did you know?

Green Magic™ is made up of a nutritious blend of some of the world's most effective superfoods that deliver high protein levels and essential amino acids to balance pH levels in the body. A multipurpose product that can be enjoyed by all ages and even pets to maintain optimum health. Use to supercharge almost any cold beverage, sprinkle over cereal or even swirl into yoghurt or soup. To put a stop to feeling sluggish and run down, Green Magic™ is perfect as an intense dose of energy and vitality.

We are rated **9.5** out of **10**



 Trustpilot